

1 Feb 2024

Ref: 2024-064

Dear Parents / Guardians,

**PRIMARY 5 CAMP – 3 DAYS 2 NIGHTS @ MOE DAIRY FARM OUTDOOR ADVENTURE CENTRE (DFOALC)**

We will be organising a 3 Day 2 Night Outdoor Adventure Learning (OAL) **Combined Schools Camp with Hong Wen School** for all Primary 5 Students as part of their Outdoor Education in Physical Education (OE in PE) journey in CPS. This camp aims to support MOE’s intent of providing every primary school child with an outdoor residential experience to promote the development of social skills, application of knowledge and exemplifying of values; and to bring students from different backgrounds for a shared outdoor experience, foster collaboration and community building.


The OAL Camp aims to provide rich and holistic learning experiences that cannot be replicated in the classroom. It provides authentic experiences to help our students develop 21<sup>st</sup> Century Competencies as well as life skills for sustainable active and healthy living. The depth and intricacy of experiences, such as working with their peers to overcome challenges or navigating in a new environment during a journey, enable them to extend and enrich their learning beyond the confines of the classroom into real-life situations. They will have opportunities to synthesize, apply and make decisions from what they have learnt in various academic subjects through authentic situations and tasks set in the outdoors.

The camp will be held in **Term 2 Week 1**, after the March holidays. Below is the schedule for the respective classes:


Class	Monday 18 March	Tuesday 19 March	Wednesday 20 March	Thursday 21 March	Friday 22 March	Saturday 23 March
5 Graciousness 5 Integrity 5 Respect	<b>3 Days 2 Nights Camp (1)</b> <b>Reporting Time:</b> Mon, 18 Mar, 7.30 am @ CPS <b>Dismissal Time:</b> Wed, 20 Mar 12.30 pm @ CPS <b>Campsite:</b> MOE Dairy Farm OALC 30 Dairy Farm Road, Singapore 679058			Please report to <b>school</b> for lessons as per usual.		
5 Care 5 Resilience	Please report to <b>school</b> for lessons as per usual.			<b>3 Days 2 Nights Camp (2)</b> <b>Reporting Time:</b> Thurs, 21 Mar, 7.30 am @ CPS <b>Dismissal Time:</b> Sat, 23 Mar, 12.30 pm @ CPS <b>Campsite:</b> MOE Dairy Farm OALC 30 Dairy Farm Road, Singapore 679058		

Kindly complete the Information Form at this link <https://go.gov.sg/cpsp5camp2024> (log in using your child/ward’s email address and password) and submit it by **Thursday, 8 Feb 2024**. Please refer to **Annex A** for the suggested packing list and **Annex B** for the list of Frequently Asked Questions (FAQs) regarding the camp. For further clarifications or enquiries, please contact your child/ward’s form teachers or send an email to Ms Cassandra Siua at [siua\\_kian\\_ling\\_cassandra@moe.edu.sg](mailto:suia_kian_ling_cassandra@moe.edu.sg). Thank you for your kind support and working with us towards a meaningful OE in PE experience for our students.


Yours sincerely,



Ms. Cassandra Siua  
Senior Teacher - PE



Mr Wilbert Tan  
HOD PAM & CCA



CC: Mrs Manokara S  
Principal

**PACKING LIST**

S/N	ITEM	QUANTITY	REMARKS
<b>BAGS</b>			
1	Backpack or duffel bag	1	<ul style="list-style-type: none"> <li>• Large (<i>durable</i>) Bag to contain <b>ALL</b> items for camp</li> <li>• <b>NO</b> luggage / Trolley bags allowed</li> </ul>
2	Small backpack (day bag)	1	<ul style="list-style-type: none"> <li>• To carry items needed for outdoor hikes</li> </ul>
<b>CLOTHING</b>			
3	School polo T-shirt	3 sets	<ul style="list-style-type: none"> <li>• 1 set / pair to be worn when reporting to school on Day 1</li> </ul>
4	School shorts	3 pairs	
5	Long-sleeved T-shirts	2	<ul style="list-style-type: none"> <li>• For night hikes and outdoor activities</li> </ul>
6	Track pants	2 pairs	<ul style="list-style-type: none"> <li>• Full ankle-length pants suitable for outdoor activities and high elements</li> <li>• <b>NO</b> jeans allowed</li> </ul>
7	Pyjamas	2 sets	<ul style="list-style-type: none"> <li>• To be worn for bedtime, appropriate for <u>non-airconditioned</u> room</li> </ul>
8	Undergarment	5 sets	-
9	Socks	4 pairs	-
10	Towel	2	<ul style="list-style-type: none"> <li>• 1 Bath-Towel for shower and 1 face towel for outdoor activities</li> </ul>
<b>FOOTWEAR</b>			
11	Sports / school shoes	1 pair	<ul style="list-style-type: none"> <li>• <u>Fully covered</u> shoes with firm base and good grip for outdoor hikes</li> </ul>
12	Slippers	1 pair	-
<b>TOILETRIES</b>			
13	Shampoo	1	<ul style="list-style-type: none"> <li>• Adequate amount to last the duration of the camp</li> </ul>
14	Shower gel	1	
15	Facial wash	1	
16	Toothbrush & Toothpaste	1	
17	Toilet Paper	1	<ul style="list-style-type: none"> <li>• 1 full roll of toilet paper for personal use</li> </ul>
<b>EATING UTENSILS</b>			
18	Fork and spoon	1 set	<ul style="list-style-type: none"> <li>• <b>Reusable utensils</b> (<i>suitable for food consumption</i>)</li> <li>• <b>NO</b> disposables allowed</li> <li>• Ensure that the utensils are unbreakable</li> </ul>
19	Cup/Mug	1	
<b>MISCELLANEOUS</b>			
20	Personal Medication	Adequate amount	<ul style="list-style-type: none"> <li>• Place medication in a Ziploc bag and label the bag with name and class</li> <li>• <i>Note: Inform Form-Teachers if medication needs to be taken on a regular basis</i></li> </ul>
21	Water bottle	1	<ul style="list-style-type: none"> <li>• <b>1-litre water bottle</b> to sustain through outdoor hikes and activities</li> </ul>
22	Hand sanitizer	1	<ul style="list-style-type: none"> <li>• Small-sized bottle to be placed in small backpack for outdoor hikes</li> </ul>
23	Sunscreen	1	<ul style="list-style-type: none"> <li>• Tube / bottle, minimum SPF 30</li> </ul>
24	Insect repellent	1	<ul style="list-style-type: none"> <li>• Types: Spray, Patch or Lotion</li> </ul>
25	Cap / Hat	1	<ul style="list-style-type: none"> <li>• For sun-protection throughout the camp</li> </ul>
26	Torchlight	1	<ul style="list-style-type: none"> <li>• Handheld torchlight</li> <li>• Include a set of spare batteries</li> </ul>
27	Pencil Case	1	<ul style="list-style-type: none"> <li>• Stationery for activity journal and reflection</li> </ul>
28	Plastic bags / Ziplock Bags	4	<ul style="list-style-type: none"> <li>• To pack dirty laundry and footwear</li> </ul>
29	Sleeping Bag	1	<ul style="list-style-type: none"> <li>• For personal use during bedtime</li> </ul>
30	Poncho / Raincoat / Small Folding Umbrella	1	<ul style="list-style-type: none"> <li>• In the event of wet weather</li> </ul>

**Note: Mobile phones are strictly *not allowed* in school and in the campsite.**

## FREQUENTLY ASKED QUESTIONS

### CAMP OBJECTIVES

**Q: How will the camp benefit my child/ward? What are the objectives of the camp?**

**A:** The camp aims to empower our students to:

1. Build resilience and explore their own physical capabilities through various outdoor experiences, adventures and challenges;
2. Value diversity amongst one another through in-depth interaction opportunities and reflection;
3. Forge camaraderie and positive relationships with peers and teachers through shared experiences and working toward common goals;
4. Understand the need for and importance of active and healthy living and apply the learning to daily life;
5. Acquire basic outdoor skills and demonstrate school values – Care, Graciousness, Integrity, Resilience & Respect through experiential learning and place-responsive approaches.

### ATTENDANCE

**Q: Must my child/ward attend the camp?**

**A:** The **3 Days 2 Nights residential** camp is part of MOE's Physical Education Syllabus for all Primary 5 students. Students will be exempted from the camp if they have valid medical reasons. Your child/ward will need to furnish the school with a **valid letter / medical certificate from a qualified doctor** for verification.

**Q: Can my child/ward come home and report to the camp the next day?**

**A:** As stated above, *a full residential 3 days 2 nights camp* ensures that your child/ward gains the complete camp experience. The programme also includes after-dinner activities planned in the programme, including mini-campfire, hikes and sharing of reflections which contribute to the enrichment and benefit of your child/ward's overall camping experience.

### REPORTING AND DISMISSAL

**Q: Where will my child/ward report to on Day 1?**

**A:** Your child/ward is to report to school on Day 1 by 7.30 am. Following their morning assembly, there will be a briefing, after which they will be transported to the campsite by buses designated for each class.

**Q: Where is the dismissal point for my child/ward on Day 3? Where do I pick him/her up?**

**A:** Your child/ward will be dismissed from school on Day 3. Please arrange to pick him/her up by 12.30 pm.

### ACCOMMODATION

**Q: Where will my child/ward be sleeping? What kind of accommodation will they be placed in?**

**A:** Your child/ward will be sleeping in non-airconditioned dormitories at night. Please note that they will need to bring their sleeping bags for the camp.

**Q: Who will my child/ward be sharing his/her accommodation with?**

**A:** Your child/ward will be sharing his/her accommodation with his/her camp mates of the same gender. There will be a maximum of 20 students in 1 dormitory.

## **PAYMENT**

**Q: Do we have to pay for the camp?**

**A:** You will **not** have to pay for the camp as it is fully funded by the school and MOE.

## **ACTIVITIES**

**Q: What are the activities that my child/ward will be taking part in during the camp?**

**A:** The activities for the camp include low elements, high elements, outdoor hikes (*e.g. Wallace Education Centre, Dairy Farm Nature Park, etc*), low-elements, daily reflections and team-building games.

## **FOOD AND DIETARY REQUIREMENTS**

**Q: What kind of food will my child/ward be eating at the camp?**

**A:** All food provided are halal-certified, in accordance with Health Promotion Board's "My Healthy Plate" requirements (*e.g. protein, carbohydrates, fruits and vegetables*).

**Q: My child/ward has a certain food requirement (e.g. allergy, vegetarian, etc). How do I inform the teachers?**

**A:** Please fill in the requirements in the Information Form. You may also update your child/ward's Form Teacher(s) through their Whatsapp Business number.

**Q: How many meals will my child/ward be having a day?**

**A:** There will be 3-5 meals provided per day (*except Day 3*). The meals are inclusive of breakfast, lunch, afternoon tea-break, dinner and supper. Your child/ward is not allowed to bring their own snacks for the camp. We will provide additional snacks for the students.

## **(For Muslim students only)**

**Q: The camp takes place during Ramadan, which is the fasting month for Muslims. Can he/she be excused from the camp?**

**A:** Please be assured that your child/ward will be well cared for by the teachers and facilitators. We have also deployed Muslim Teachers (*Mr Azhar, Mr Shah, Mr Ameen, Mdm Shakila and Mdm Ross*) for the camp and they will be able to guide or advise your child/ward accordingly. He/she will also be allowed to take more rest breaks in between if necessary. Your child/ward's form teachers will contact you if needed.

**Q: My child/ward needs to wake up early for breakfast and break his/her fast on time. How will this be planned/accommodated for my child/ward?**

**A:** As stated above, the Muslim teachers will be there to guide and advise your child/ward accordingly, including waking him/her up on time for breakfast. Activities will also be adjusted accordingly so that they will be able to break fast in the evenings.

## **UPDATES AND COMMUNICATION WITH MY CHILD/WARD**

**Q: Is my child/ward allowed to bring his/her mobile phone for the camp?**

**A:** As per our CPS school rules, your child/ward is not allowed to bring his/her mobile phone to school and camp. You may contact your child/ward's form teacher in case of any emergency cases.

**Q: How can I find out more about my child/ward's progress or updates about him/her during the camp?**

**A:** We will be posting photos and videos of the camp in our CPS' Facebook Page. You may join the page by searching for "Cantonment Primary School" in Facebook.

**Q: Can I contact my child/ward's form teacher(s) during the camp and request for updates from them?**

**A:** As your child/ward's Form Teacher(s) will be the main chaperone for his/her class, their main role and responsibility is to be vigilant, monitor and ensure the well-being and safety of the students. Please allow them to carry out their duties diligently and refrain from contacting them for non-emergency cases.

**Q: Am I allowed to visit the campsite to see my child/ward or to deliver items they may have forgotten?**

**A:** In order to build resilience, ruggedness, and independence in our students, we seek your understanding to refrain from visiting the campsite. Your child/ward may not be at the campsite as they will be out for outdoor adventure activities or engaged in team-building activities where they forge camaraderie and positive relationships with peers and teachers.

### **SAFETY AND INSURANCE**

**Q: What are the measures put in place to ensure the safety of my child/ward during the camp?**

**A:** These are the safety measures put in place for the camp:

1. The camp is planned and conducted by full-time MOE Outdoor Adventure Educators.
2. All facilitators are first-aid trained, and professionally trained instructor(s) in First Aid and Emergency will be stationed at the campsite throughout the duration of the camp.
3. The adult to student ratio is 1:10 at all times.

**Q: Is my child/ward covered by insurance during the camp?**

**A:** Your child/ward is covered by a student insurance plan catered for all school activities.

### **OTHER MATTERS** (e.g. National School Games, external examinations, etc)

**Q: My child/ward is selected to represent his/her CCA in the National School Games which fall on the same day as the camp. Will my child/ward still be able to attend the camp?**

**A:** Yes, your child/ward will still be required to attend the camp. The school will make arrangements for your child/ward to participate in the games and return to camp immediately after. More *information* (e.g. reporting time, dismissal from campsite, etc) will be provided by the CCA Teachers-in-Charge closer to the date of camp and competition.

**Q: My child/ward is taking an external examination (e.g. Hindi Weighted Assessment, Piano Exams, etc) during the camp. Will he/she still be able to go for the examination?**

**A:** Yes. Please inform your child/ward's form teachers beforehand. They will liaise with you prior to the camp so that you can make transport arrangement to pick your child/ward up from the campsite itself. He/She will return back to the campsite immediately after the examinations.

However, if the examination takes place on Day 3 (E.g. Wednesday 20 March OR Saturday 23 March), you may pick your child/ward up from the campsite on Day 2 (after 8.30 pm) and he/she does not need to return to the campsite after as the camp ends at 12.30 pm on Day 3.